

ENNEAGRAM + PRAYER

Seven
The Enthusiast

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NATURAL STRENGTHS

- Ready for adventure
- Optimistic and energetic
- Open to prayer outside of their normal routine

OPPORTUNITIES FOR GROWTH

- Committing fully and completely to the discipline of prayer
- Being open to heavy conversations and confrontation
- Praying persistently for things that don't get an immediate answer

ACTION STEPS

- 1.** Change things up by praying with different postures. Palms up, arms up. Sitting, standing.
- 2.** Have something that's the same every time you pray like a scent, music (bonus points if you're the one making it), or something you hold that alerts your mind that it's time for deeper focus.
- 3.** Start a prayer group and enjoy prayer in the presence of other believers.

