

ENNEAGRAM + PRAYER

Six
The Loyalist

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NATURAL STRENGTHS

- Thrives on order and routine
- Has great potential to build a deep and trusting relationship with God
- Doesn't have to wonder, "What should I pray for?"

OPPORTUNITIES FOR GROWTH

- Wrestling with your doubts in an effort to build deep trust in God
- Learning to surrender fully to God as "worst case scenarios" invade your thoughts
- Turning to the Lord before others when in need of assurance

ACTION STEPS

- 1.** Spend time meditating on [Acts 17:28](#) and practice what is called "breathe prayer" especially in times of anxiety
- 2.** Practice declarative prayer. Say, "Lord, you are _____" or "Lord, you say I am _____". Also, pray over others who need to hear God's truth declared over them.
- 3.** Try starting a prayer journal. The prompts keep you focused on the conversation instead of over analyzing.

